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**Pensacola Location**






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*Visit our website at [AllergyAsthmaMD.net](http://AllergyAsthmaMD.net)*

*Preparing for your new patient appointment:*

-  Complete all new patient forms.
-  Gather and bring any relevant reports, labs, records, and a list of your current medications along with the new patient forms.
-  Bring your insurance card(s) and photo I.D. Please be aware that your copayment, coinsurance, or deductible is due at the time of service.
-  Please arrive **30 minutes** early for your new patient appointment.
-  Please refrain from taking any **antihistamines** (including sleep aids and cough medicines) **seven days prior to your appointment and oral steroids ten days prior.** Most nasal steroids can be used up to three days prior to your appointment. Please contact our office or your pharmacist if you are unsure about any of your medications.

Thank you for choosing Allergy, Asthma, and Immunology.  
We look forward to seeing you soon!

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